



#### **Bell Schedule**

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25



If you have not picked up your Student ID card, please come to the office for pick up

### Grade 9 Advisory Meetings

- PLEASE BRING YOUR PLANNER and Electronic Device (phone or computer) TO THESE MEETINGS!!!
- ALL MEETINGS ARE IN THE THEATER during FLEX. The schedule below is based on your last name.
  - Mon October 21: Soiseth Zhu
  - Tues October 22: Ahn Danielov
  - Wed October 23 : Dean Leung
    - Thurs October 24: Lewis So

#### **CLC MEETINGS**

### **Tuesday October 22**

Mr. Baldus - during Flex, Room 316

Ms. Wiebe - during Flex, Room 305

Mrs. Gay - during Flex, Room 103



### FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review



### Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

S50 Amozon cards!

### THE DOOR

**FALL '24 SHORT STORY** CONTESTSECRET

The truth must be told!

What is Principal Woods trying to hide behind this door?

Starbucks/Tim cards for 10 lucky entries!

**Entries due** Monday, October **28**th



SCAN ME







## Volunteer Opportunity: Santa Breakfast

- Friendly Forest Preschool is hosting their annual Santa Breakfast and is searching for some volunteers, (all grades welcome):
- "Merry & Bright" Winter Breakfast
- Date: Saturday November 30th
- Time: 8am 1pm
- Location: Anmore Elementary School
- •
- Duties will include setting up the Christmas decor, help with the registration desk, helping children with the craft table - includes ornament decorating, winter wish lists, colouring - clearing plates, cleanup etc., and take down of the set up/decor at the end.
- Breakfast for all volunteers is included, and you will receive a letter documenting volunteer hours.
- To volunteer contact: social@friendlyforestpreschool.com



## CLUBS



# PET PALS CLUB BUBBLE TEA FUNDRAISER

DATE: OCTOBER 24TH
LOCATION AND TIME: IN THE
GRAND HALL AT LUNCH!!



BROWN SUGAR PEARL MILK TEA \$7.50

PEARL MILK TEA \$7.00









# PEBRITE CUSS NEXT WEEK'S TOPIC

#### **One Way Time Travel**

If you could travel in time to wherever and whenever you want, but you could only do it once, would you take it?





# CAREER





### UBC MD Outreach Youth Mentorship Program

- The MD Admissions Office recently launched the MD Outreach Youth Mentorship Program.
- This program connects high school students with UBC Medical Students to learn more about being a university student, learning about self-care, and applying to UBC medical school.
- If you are in grade 11 or 12 and would be interested in this program, please sign up using the link below:
- https://ubc.ca1.qualtrics.com/jfe/form/SV 2uEgBVRnUSQ2nJk



### UBC Women in Engineering High School Mentorship program: Mentee application

- UBC Women in Engineering (WiE) is officially launching this year's high school mentorship program!
- The UBC WiE Mentorship Program strives to increase female\* high school students' access to engineering, and to create a space where they can explore what engineering is and has to offer.
- Mentees will be supported by mentors through the program curriculum and various mentorship events (eg. Opening Ceremony, University Application Workshop, UBC Campus Tour, chats and activities with mentors, etc).
- Additionally, mentors and mentees are free to schedule individual meetings outside the curriculum for any guidance and questions mentees may have regarding engineering, here at UBC, or otherwise.

- The application deadline is November 4th, 2024.
- If you are interested and would like to learn more, apply!
- https://docs.google.com/forms/d/e/1FAIpQ LSf3Hyv9bsiU3LUvfyut0kP70XGRGIjRvneAaznluYqCCC2Bg/vie wform
- If you have any questions, please reach out to wiecommittees@gmail.com.
- \*We acknowledge that the term "female" is not an accurate description for many people, and use \* to include cis and trans women, nonintersex people.